



HEALTH DECLARATION

Name : _____ Mobile Contact : _____

Date : _____ Time : _____ Temp : _____

1. Have you travelled outside Singapore in the last 14 days? Yes / No
2. If Yes, which country/countries _____
3. If you have travelled to Mainland China or have friends/relatives around visiting you from Mainland China within the last 14 days, please do not join the jam. It is advisable to observe your health closely and to declare, and check with your doctor for clearance to attend any activities.
4. The latest advisory can be found on Ministry of Health website.
5. Be a responsible citizen. Let's all keep our health in constant check.

Note: You will be denied participation in our jams if you choose not to cooperate.